

Unveiling the Role of Gut Bacteria in Drug Transformation: Insights from Parkinson's Treatment

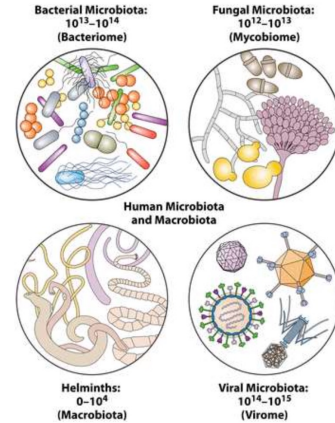
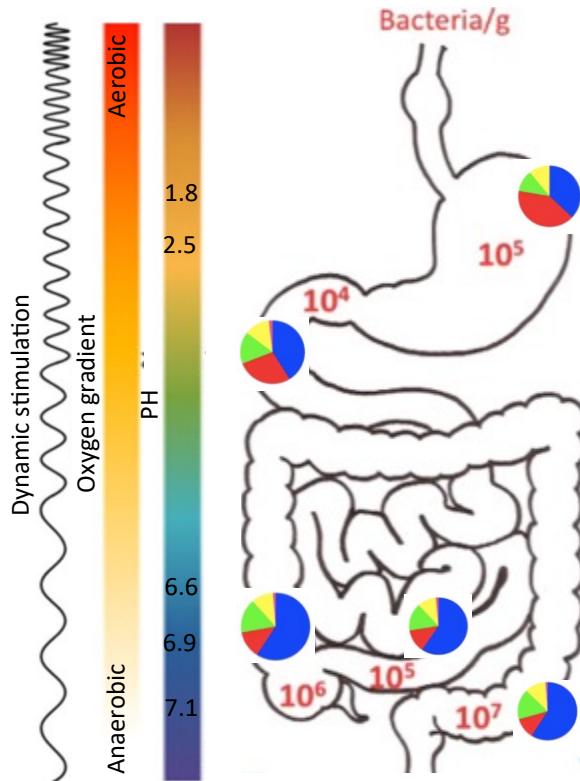


Sahar El Aidy

Host-Microbe Interactions group (HMI),
Groningen Biomolecular Sciences and Biotechnology Institute
University of Groningen

37th NIBI meeting
Egmond aan Zee
10/11/2023

The Human Microbiota



Why is it important to know the human microbiota?

Microbiome

IN NUMBERS

100 Trillion

sybiotic microbes live in and on every person and make up the human microbiota

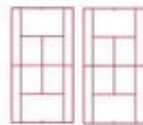
The human body has more microbes than there are stars in the milky way

95%

of our microbiota is located in the GI tract

150:1

The genes in your microbiome outnumber the genes in our genome by about 150 to one



The surface area of the **GI tract** is the same size as 2 tennis courts

You have **1.3X**

more microbes than human cells

>10,000

Number of different microbial species that researchers have identified living in and on the human body

2kg

The gut microbiota can weigh up to 2Kg



Interfacing Food & Medicine

The microbiome is more medically accessible and manipulable than the human genome

90%

It is thought that of disease can be linked in some way back to the gut and health of the microbiome

5:1

Viruses:Bacteria in the gut microbiota

2.5

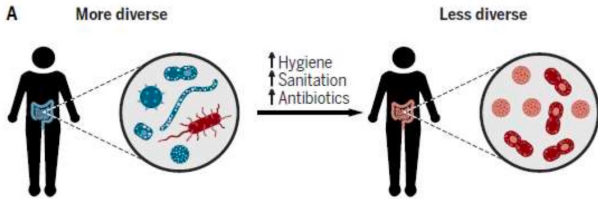
The number of times your body's microbes would circle the earth if positioned end to end



Each individual has a unique gut microbiota, as personal as a fingerprint

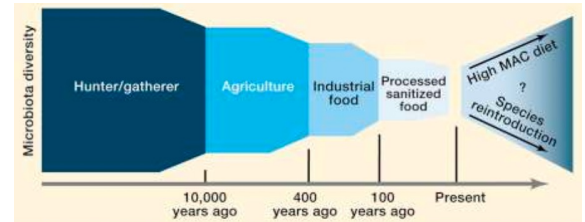


Changes in the life-style, endangered microbiota and appearance of chronic diseases

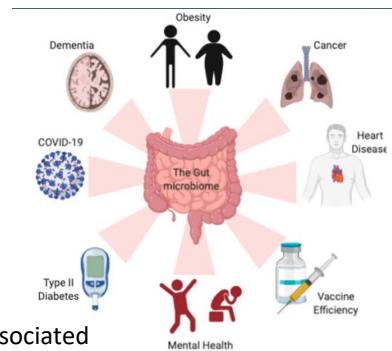


Gut microbial diversity has been reduced to 1/3 over the past decades

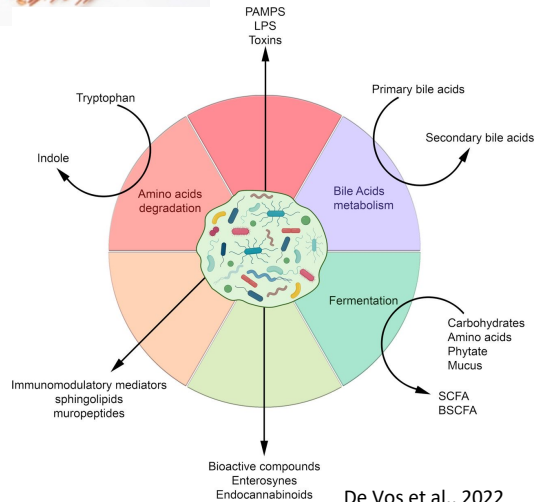
Alteration in the gut microbiota has been associated with intestinal and extra-intestinal diseases



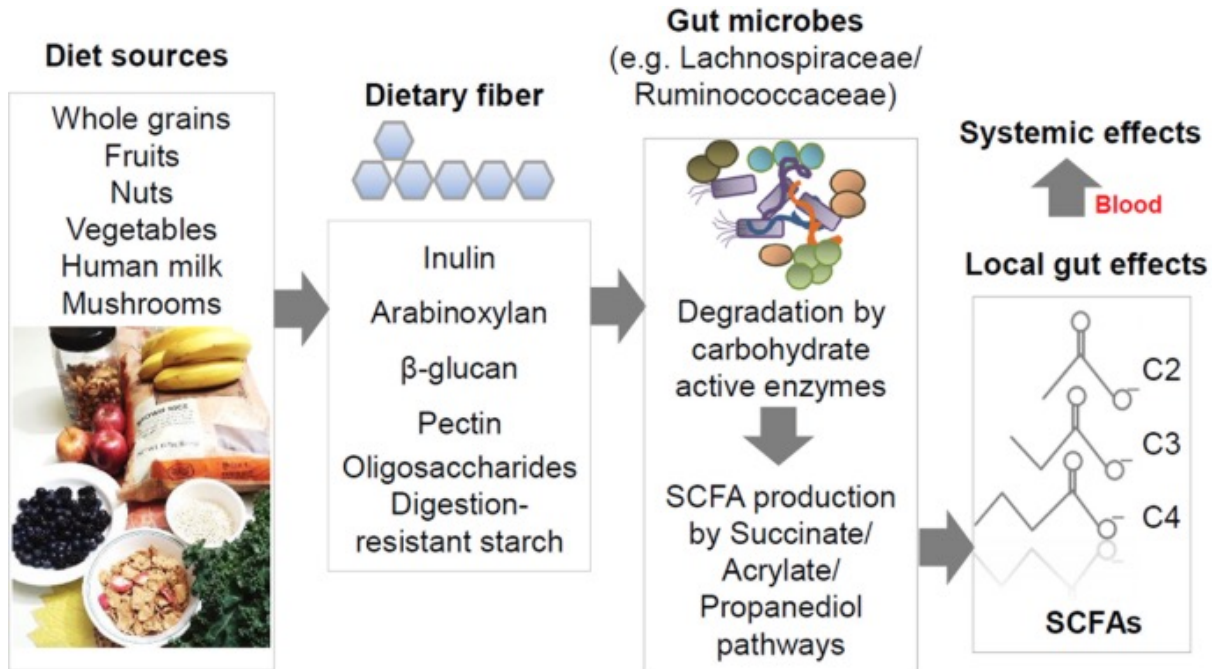
Dramatic changes in the diet during human evolution



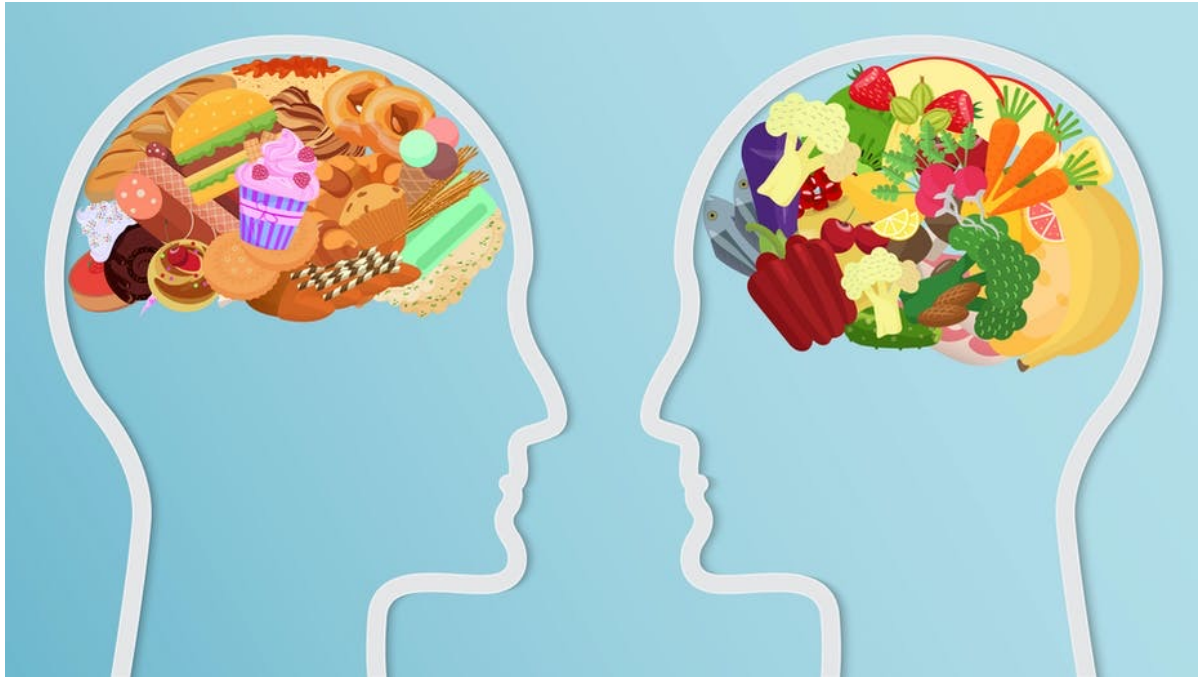
Gut bacteria influence the nutritional content of our food in ways that are not understood



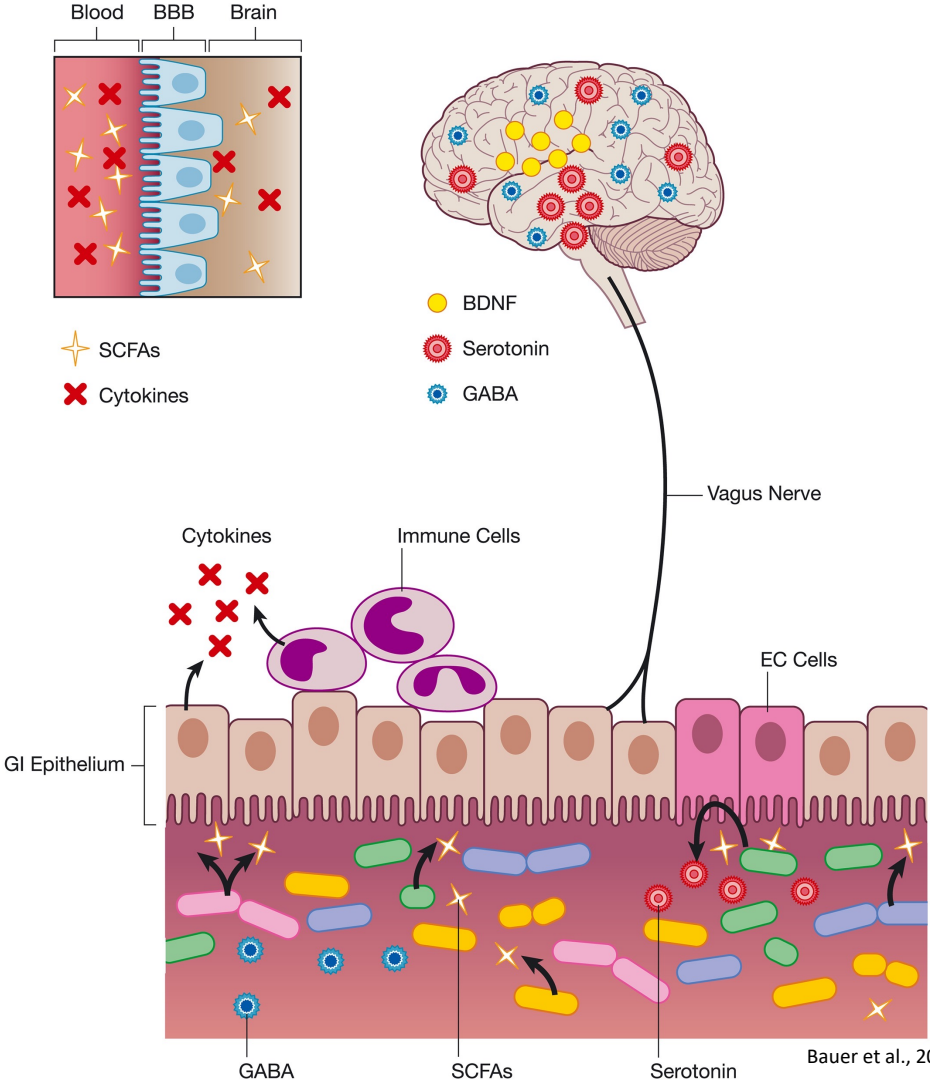
How to feed your gut microbiota?



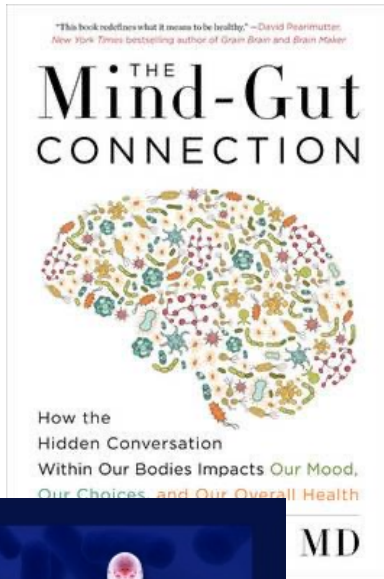
Your gut microbes play a key part in food craving, influencing your brain ?!



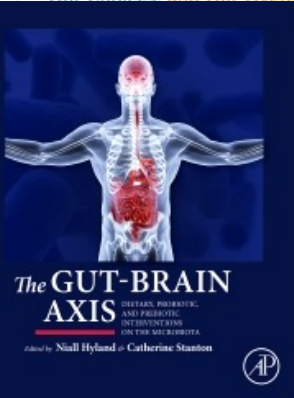
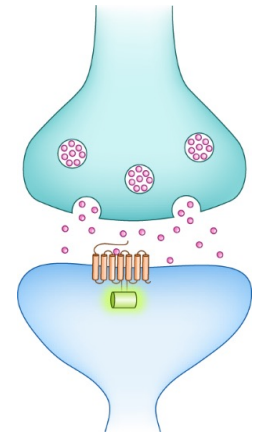
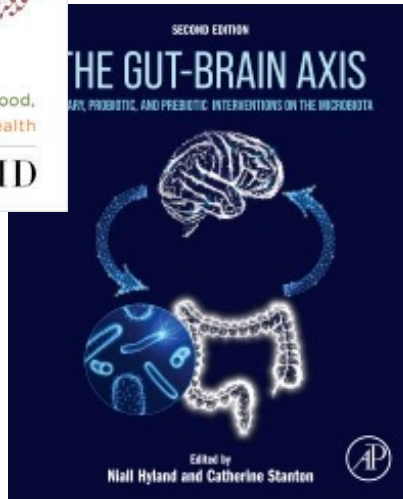
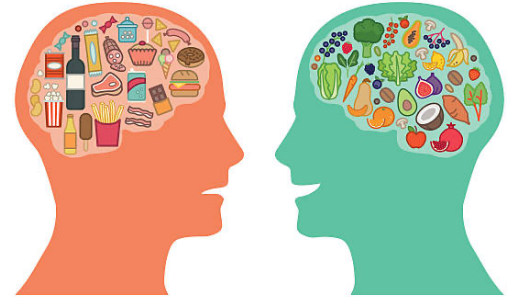
That Gut Feeling !



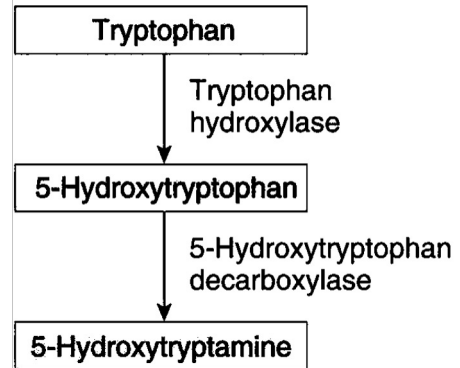
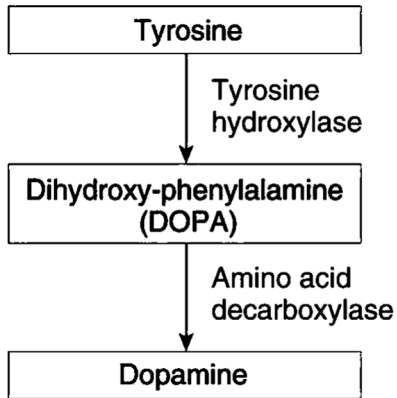
The Microbiota–Gut–Brain Axis: Hype or Revolution?



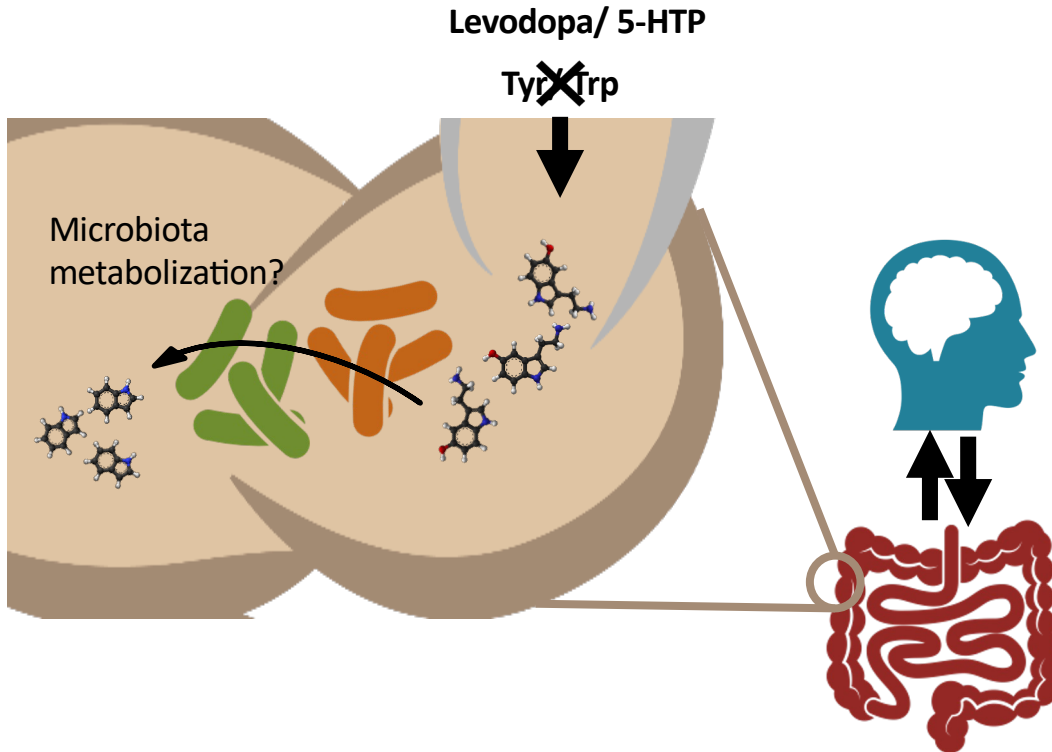
PSYCHOBIOPTICS:
Use the Gut-Brain Connection
for
Mental Health



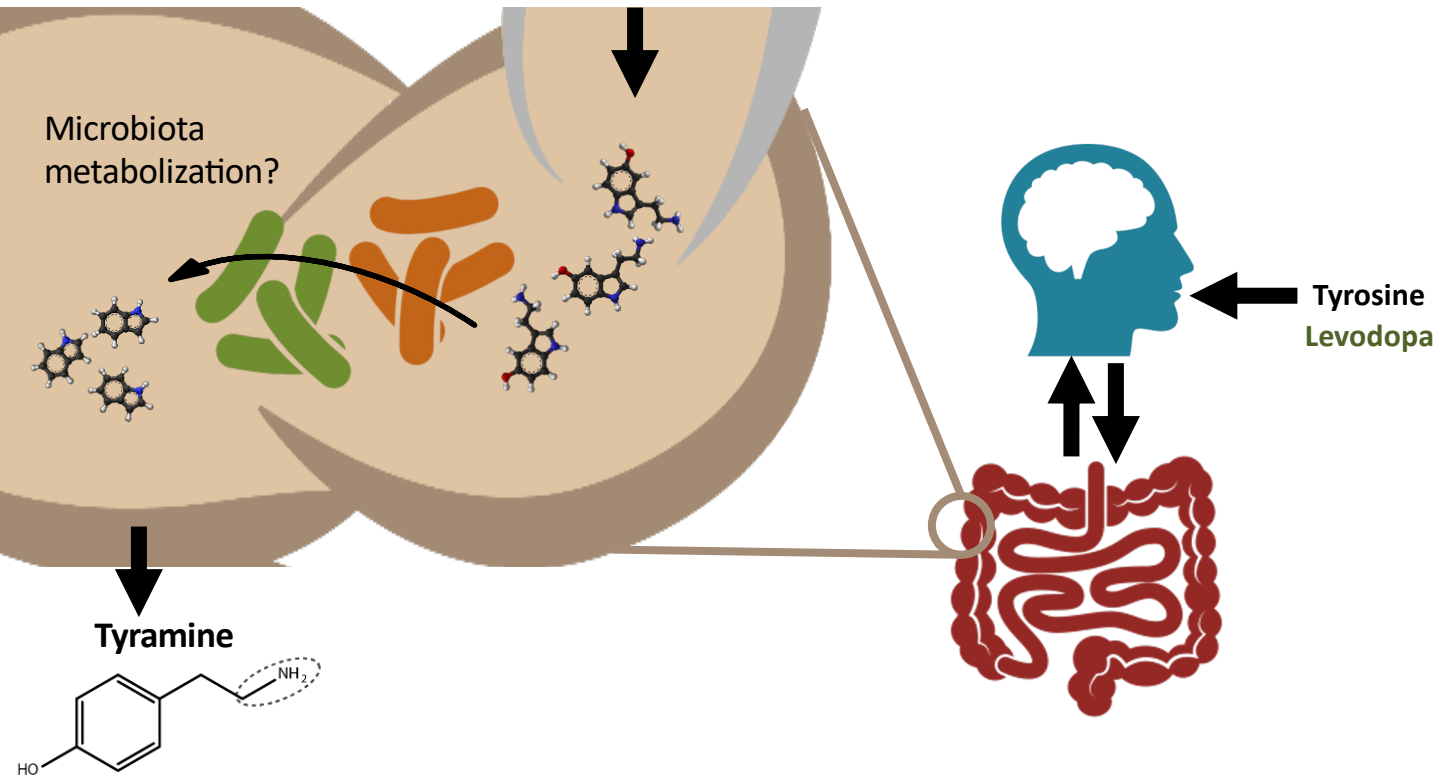
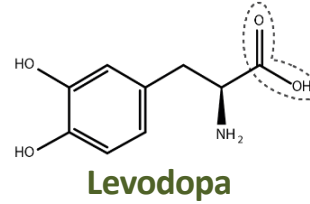
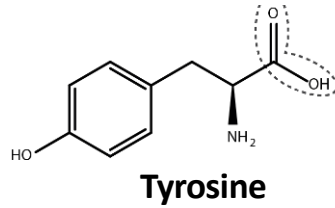
Gut Bacteria and Neurotransmitters: Verifying Production Claims



Host-Microbiome Metabolic Interactions



Host-Microbiome Metabolic Interactions

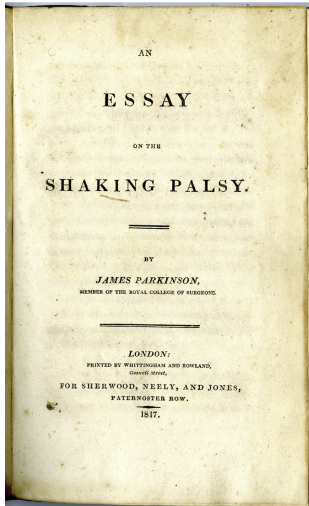


Microbiota
metabolization?

Tyramine

**Tyrosine
Levodopa**

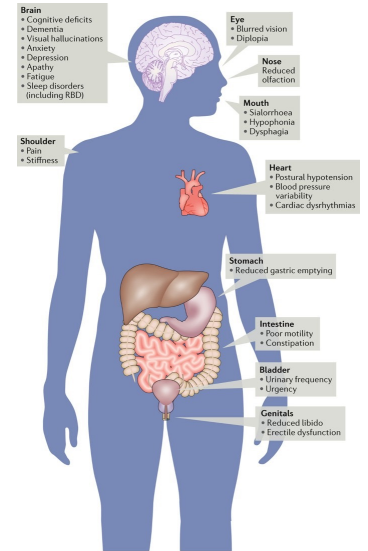
Parkinson's Disease



“Shaking palsy”, 1817.



Motor symptoms
 Brain-to-Body

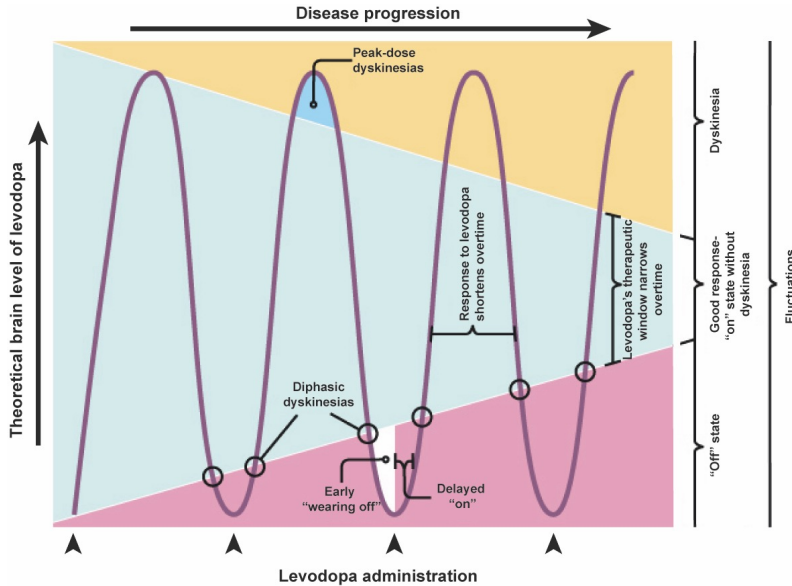


Nature Reviews | Neuroscience

Non-motor symptoms
 Body-to-Brain

Parkinson's Disease Treatment

Treatment



Therapeutic window of levodopa

Levodopa

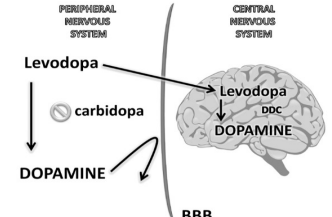
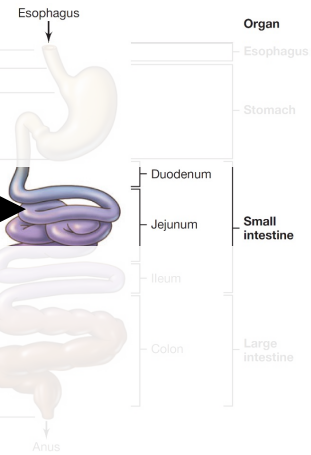


Major bacteria present

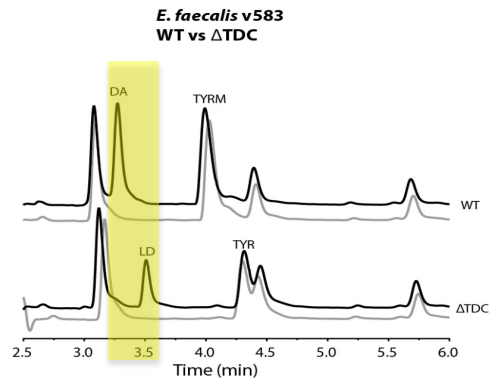
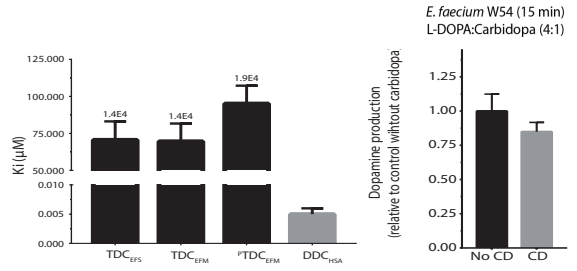
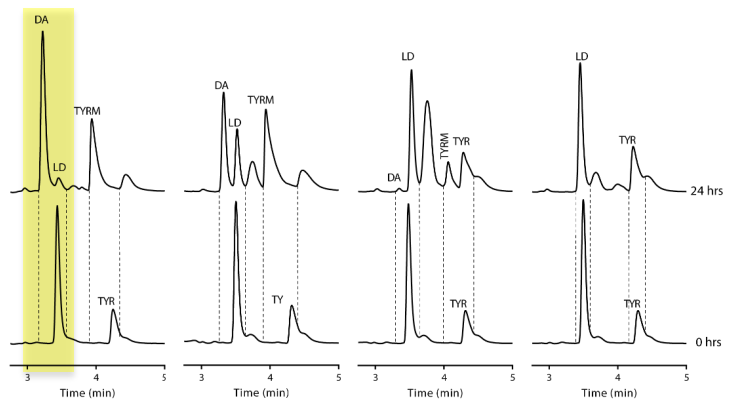
- Proteella
- Streptococcus
- Verruonella
- Helicobacter
- Proteobacteria
- Bacteroidetes
- Actinobacteria
- Fusobacteria

Take-up

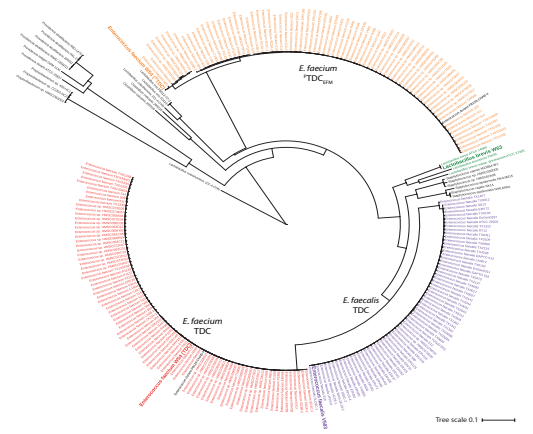
- Enterococci
- Lactobacilli
- Bacteroides
- Bifidobacterium
- Clostridium
- Enterobacteria
- Enterococcus
- Eubacterium
- Klebsiella
- Lactobacillus
- Methanobrevibacter (Archaea)
- Peptococcus
- Peptostreptococcus
- Proteus
- Ruminococcus
- Staphylococcus
- Streptococcus



Levodopa Conversion-I: Decarboxylation by Small Intestinal Bacteria



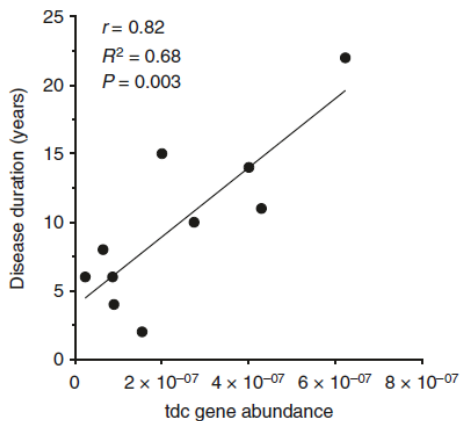
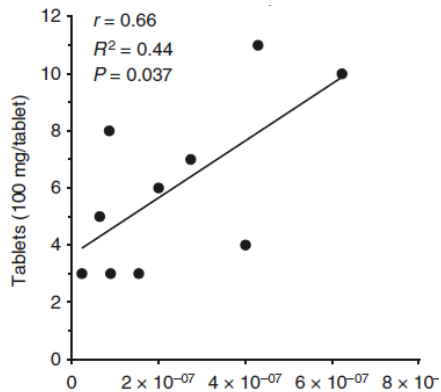
Bacilli are 1st class harboring *tdc* genes in the human gut



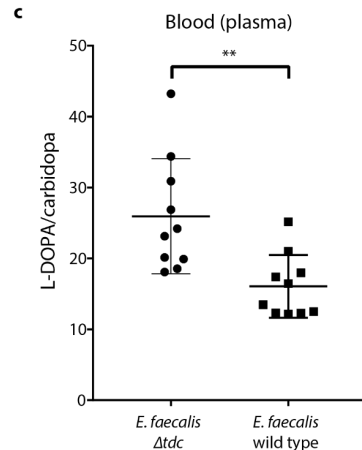
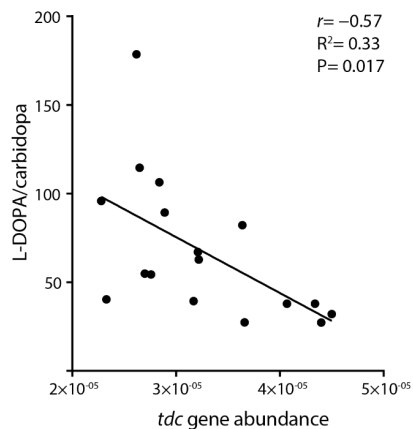
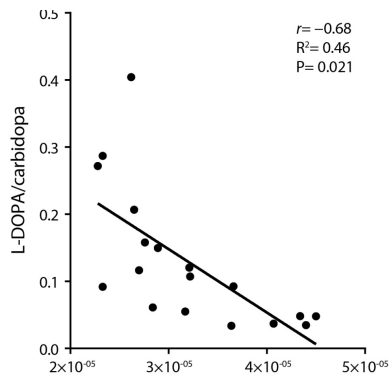
Parkinson's Disease Patients Vary in Dosage Regimen Requirement

Possible Impact of Small Intestinal Microbiota?

Fecal samples

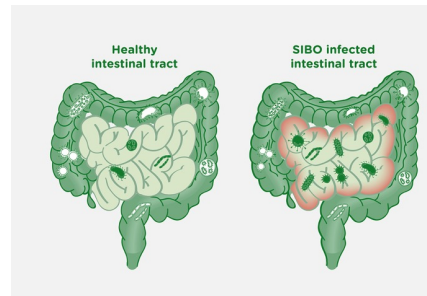
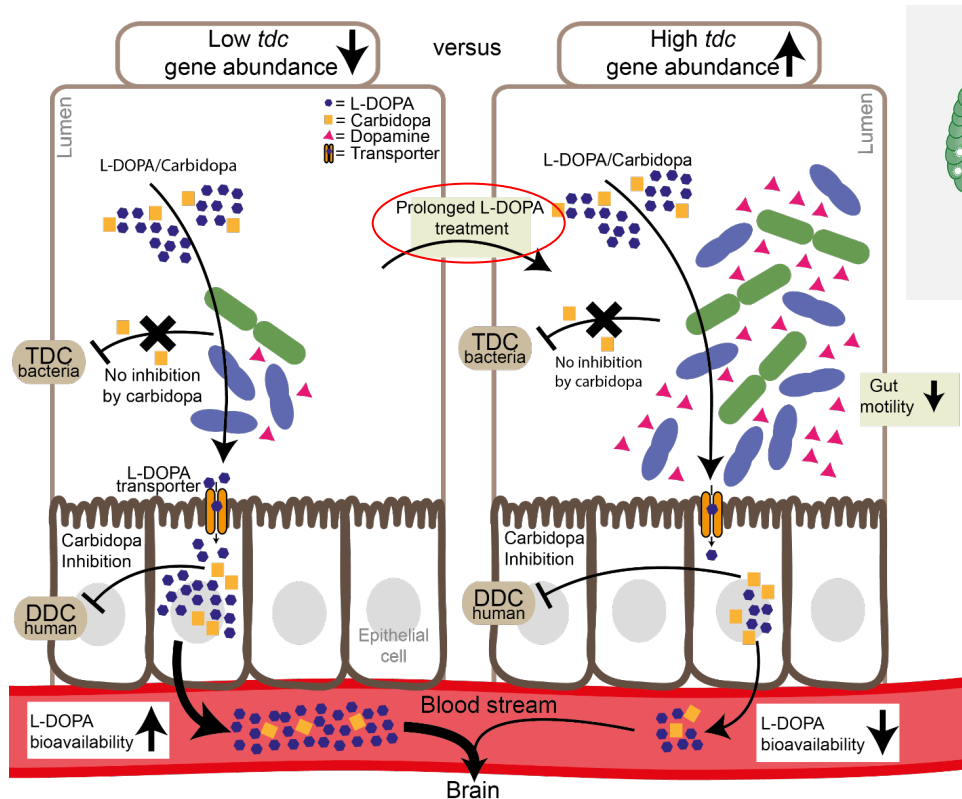


In vivo using WTG rats

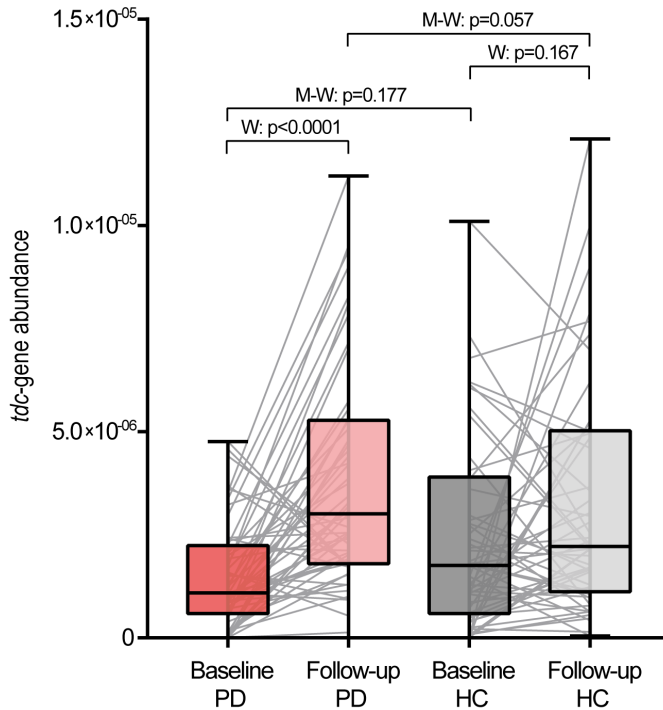


blood (plasma)
 L-DOPA ↓
 tdc-gene ↑

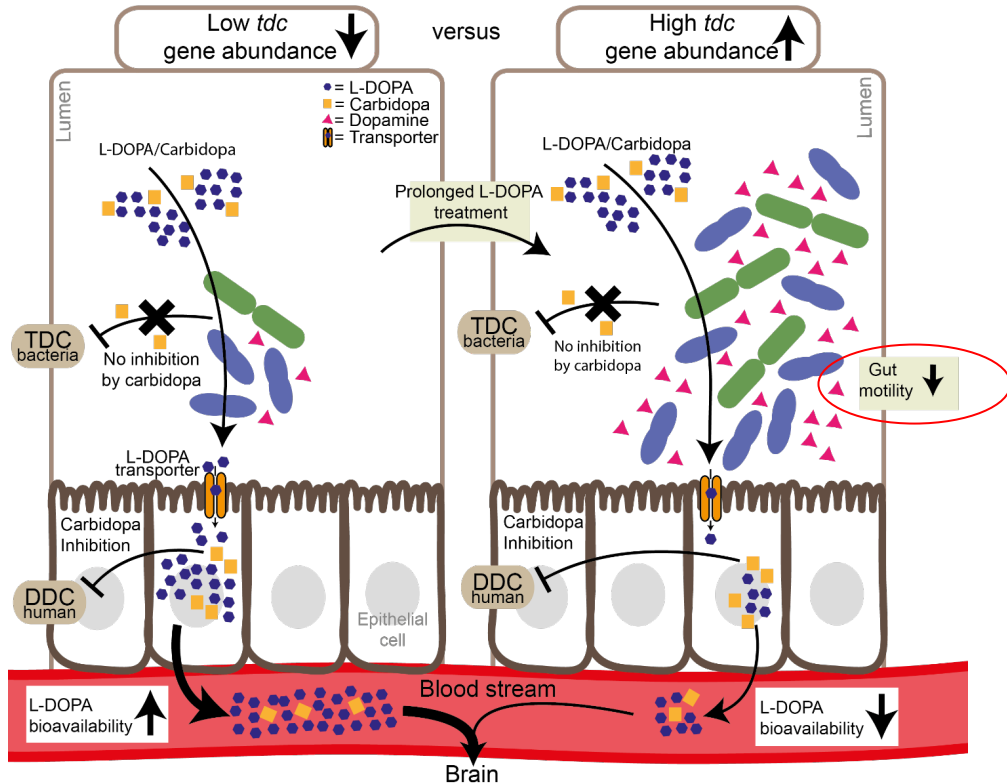
Small Intestinal Microbiota: A Key Factor in Levodopa Treatment for Parkinson's Disease



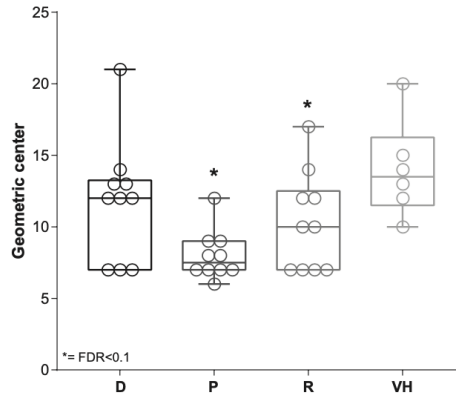
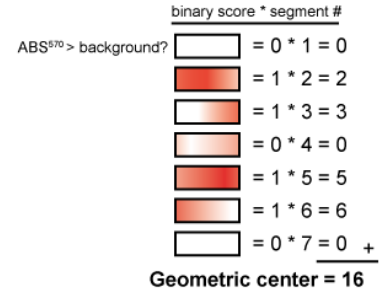
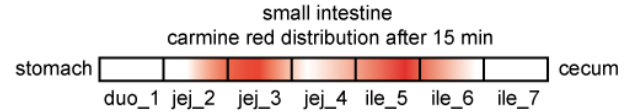
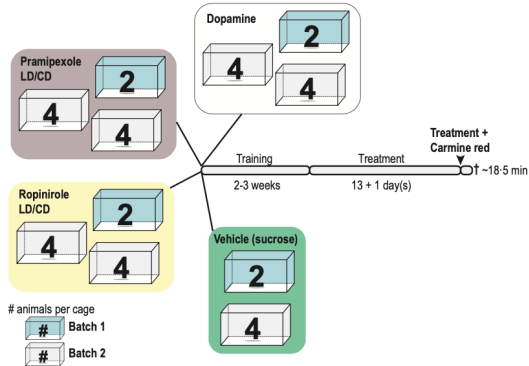
Tdc-Gene Abundance Increases Over Time in Parkinson's Disease Patients



Small Intestinal Microbiota: A Key Factor in Levodopa Treatment for Parkinson's Disease



Parkinson's Disease Medication Alters Small Intestinal Motility in Healthy Rats



Small Intestine Bacterial Overgrowth in the Healthy Rats Treated with Parkinson's Disease Medication

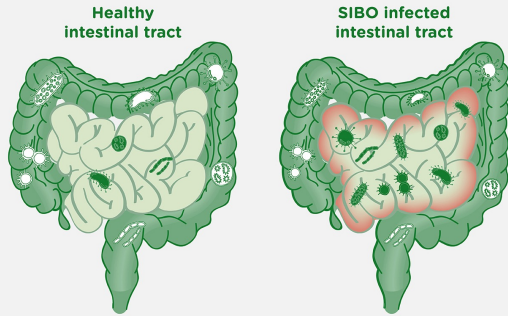
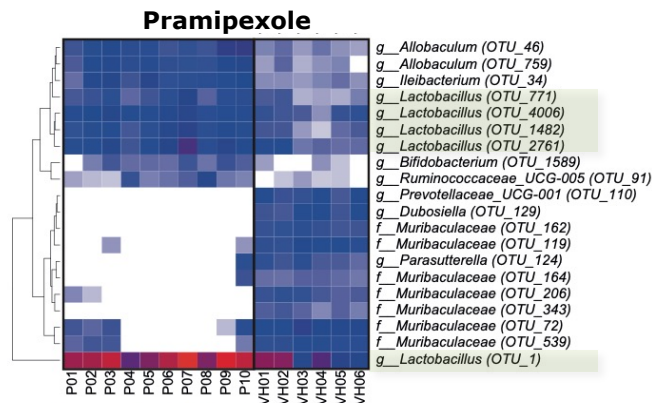
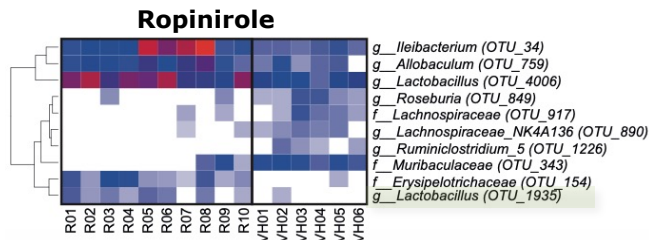
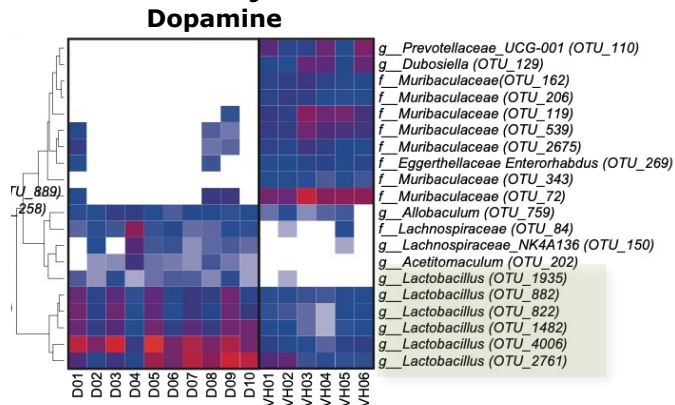
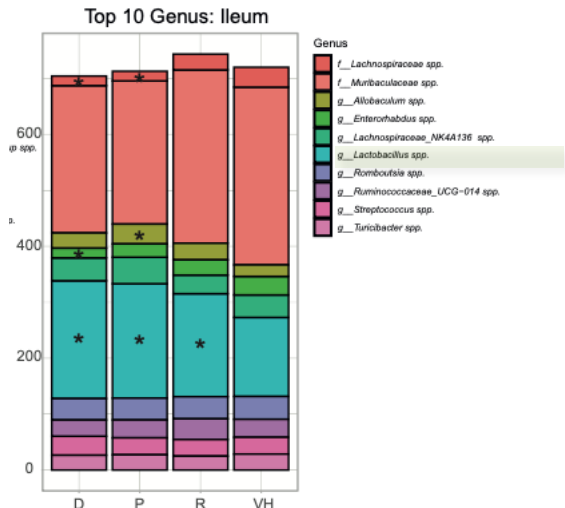


Table 1 - Bacterial counts from rat small intestine

	Aerobic (CFU/mL, median (IQR))		Anaerobic (CFU/mL, median (IQR))	
	Jejunum	Ileum	Jejunum	Ileum
D	1.7E+7 (3.1E+6 – 1.5E+6)	3.6E+7 (2.5E+7 – 4.2E+6)	4.2E+7 (1.6E+7 – 2.3E+6)	5.9E+7 (4.1E+7 – 1.4E+7)
P	2.4E+7 (1.5E+7 – 2.2E+6)	5.6E+7 (2.5E+7 – 1.4E+7)	6.2E+7 (3.8E+7 – 4.6E+6)	3.4E+8 (6.8E+7 – 2.1E+7)#
R	1.0E+7 (4.6E+6 – 1.3E+6)	1.8E+8 (7.5E+7 – 3.6E+7)*	2.7E+7 (1.0E+7 – 3.9E+6)	2.8E+8 (1.2E+8 – 4.4E+7)*
VH	3.5E+7 (9.5E+6 – 2.6E+6)	2.4E+7 (2.1E+7 – 7.0E+6)	6.9E+7 (2.8E+7 – 3.8E+6)	7.0E+7 (4.8E+7 – 3.4E+7)

Dopamine Agonists Increase *Lactobacillus* abundance in the Small Intestine of Healthy Rats



Microbiota imbalance in Parkinson's disease Patients

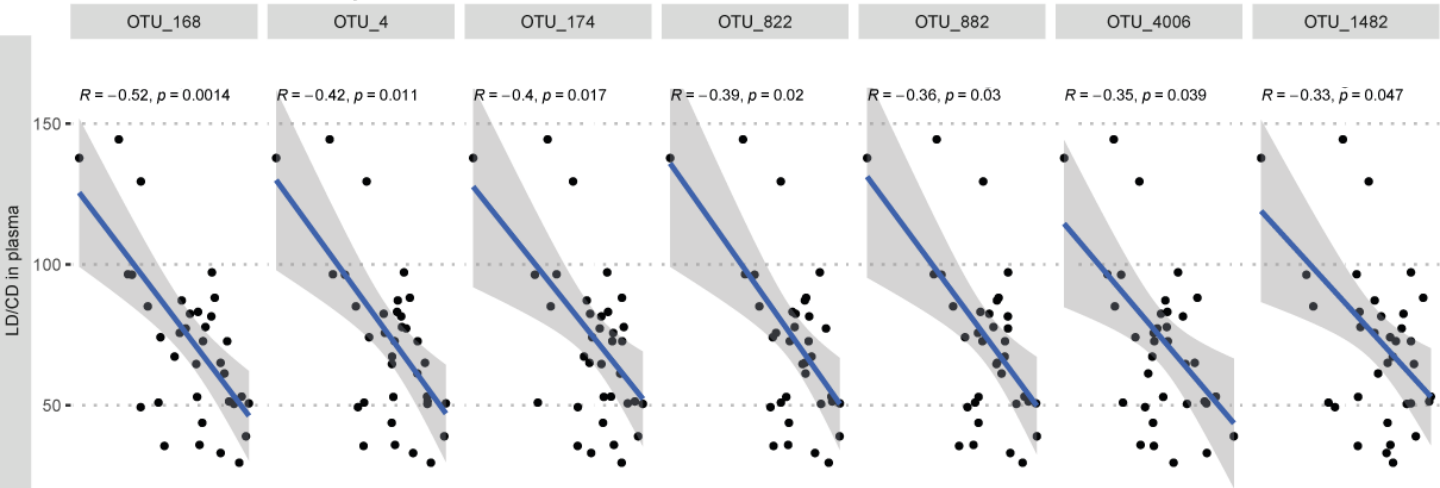
Comparing 13 different studies:

- 54% (7/13) of the studies report an **increase** of *Lactobacillaceae* or *Lactobacillus*

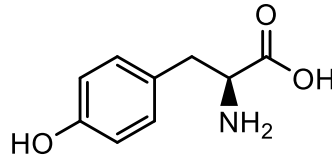
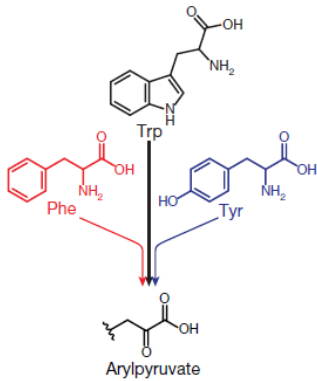
Which are associated with increase in tyramine (or downstream metabolites) and important as they could potentially contribute to decarboxylation of levodopa.

Lactobacillus taxa Linked to Lower Levodopa Levels in Blood samples of Healthy Rats

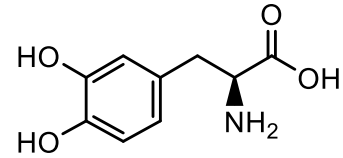
OTUs from *Lactobacillus* genus



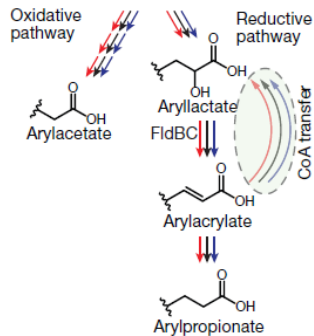
When Gut Bacteria Encounter Unabsorbed Levodopa Residues...



L-tyrosine

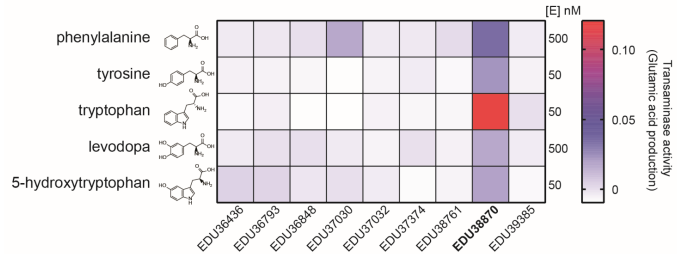
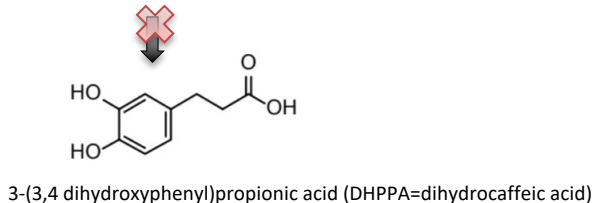
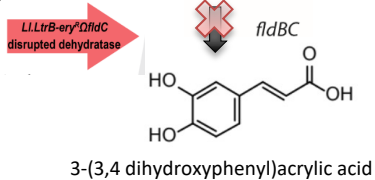
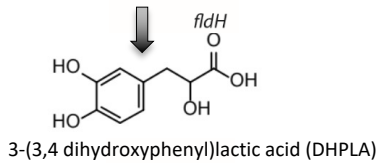
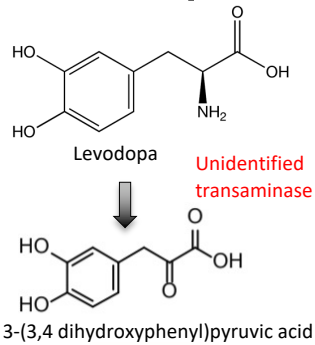


L-DOPA



Anaerobic aromatic amino acid deaminase pathway in *C. sporogenes*

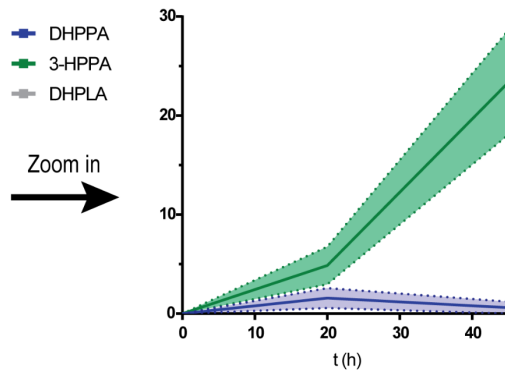
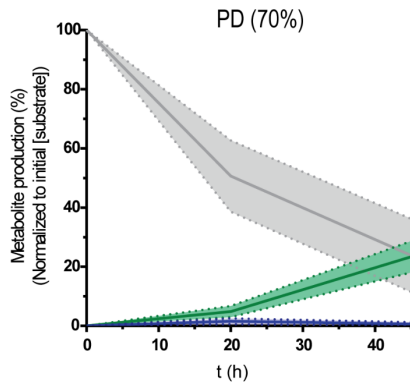
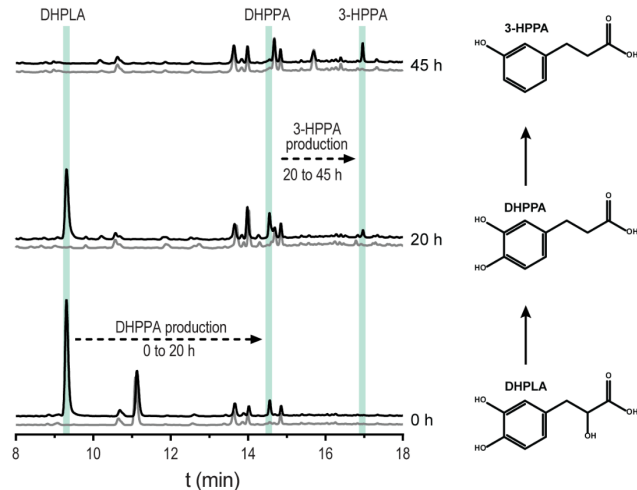
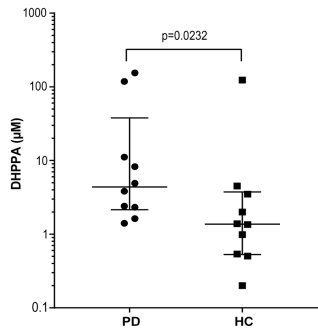
Levodopa Conversion-II: deamination by Colonic Bacteria



C. sporogenes class II aromatic aminotransferases

Uncovering of the first step
in anaerobic deamination:
AAA transaminase

Higher levels of levodopa deamination products in Parkinson's Disease patients



Implications of Levodopa deamination Metabolites on Parkinson's Disease Patients

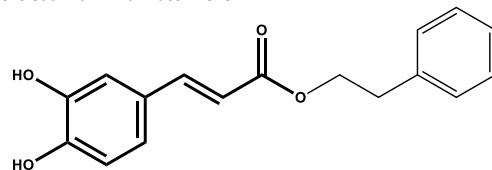
Table 1. Prevalence of gastrointestinal symptoms in patients with Parkinson's disease affected by SIBO versus those without SIBO

	SIBO positive, % (n = 26)	SIBO negative, % (n = 22)	OR (CI)
Abdominal discomfort	30.8	27.3	ns
Bloating	69.2	31.8	2.07 (1.42–16.40)
Flatulence	65.4	36.4	1.74 (1.01–10.83)
Constipation	73.1	81.8	ns
Diarrhea	19.2	9.1	ns

Gabrielli et al. *Movement Disorders*, Vol. 26, No. 5, 2011

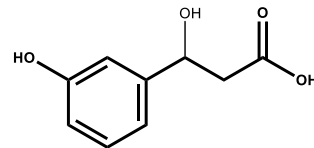
Affected gut contractibility in rat intestine

Aviello et al. *Eur J Pharmacol*. 2010



phenethyl (*E*)-3-(3,4-dihydroxyphenyl)acrylate

Test the effect on gut transit time in animal models

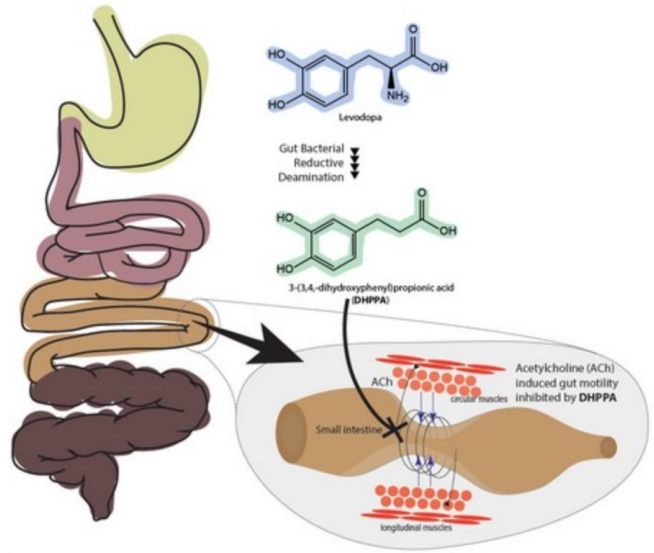
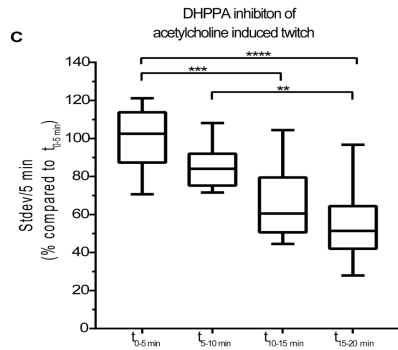


3-hydroxy-3-(3-hydroxyphenyl)propanoic acid

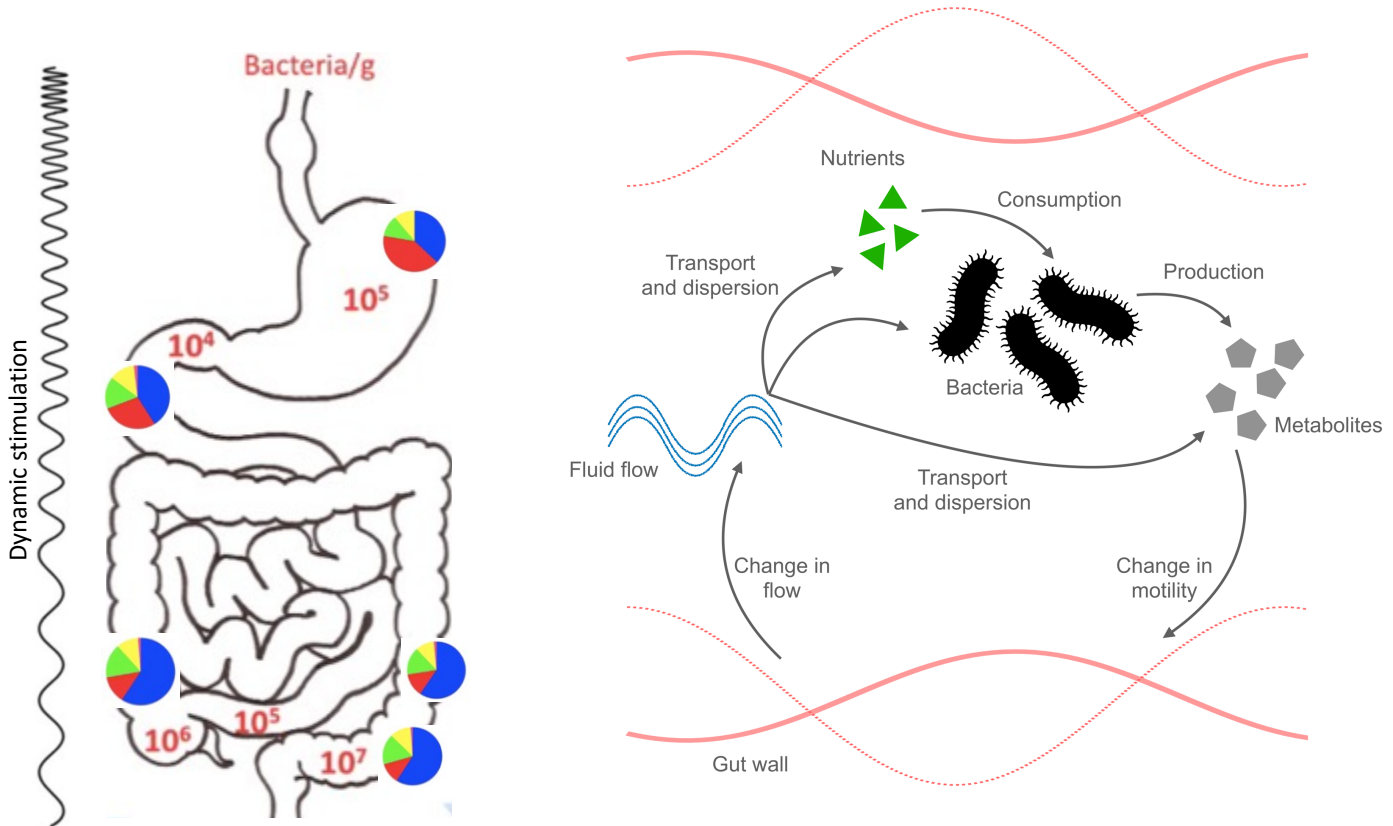
Negatively associated with gut transit time

Roegger et al. *Nat Microbiol*. 2016

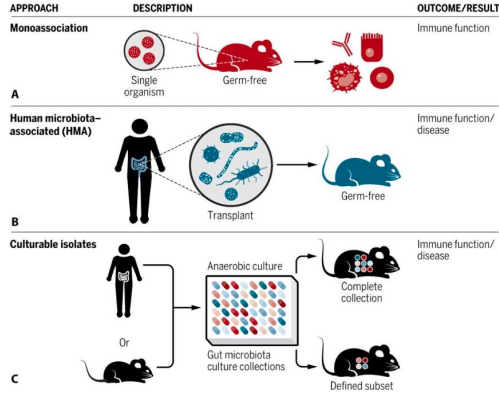
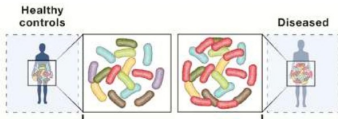
Unabsorbed Residues of Levodopa & Delayed Intestine Transit Time



Gut microbiota-motility inter-regulation



From Bench to Bedside



Observation in independent cohorts

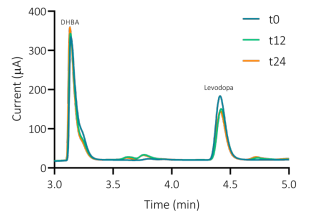
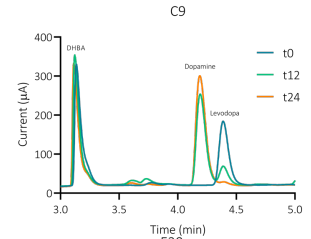
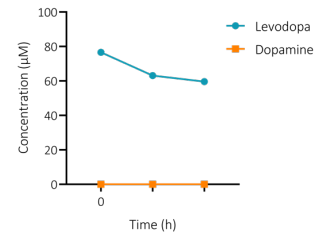
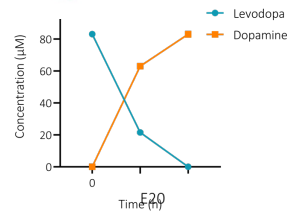
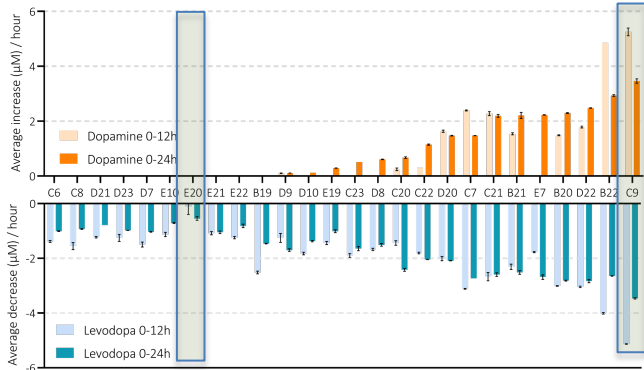
Explore mode of action

- Test TDC activity in longitudinal *de novo* cohort (>600 PD patients)
- Design of anti-microbials targeting TDC-harboring bacteria

TDC Activity as a Stratification Tool to Enhance Medication Response in Parkinson's Disease Patients



- Test TDC activity in longitudinal *de novo* cohort (>600 PD patients)
- Target TDC-harboring bacteria

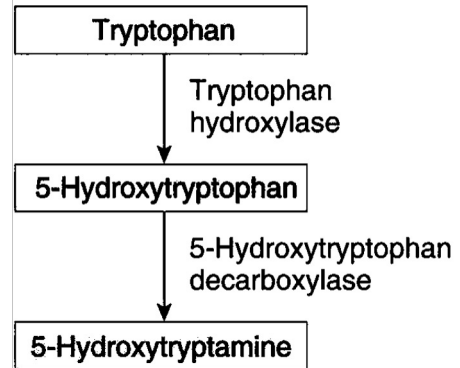
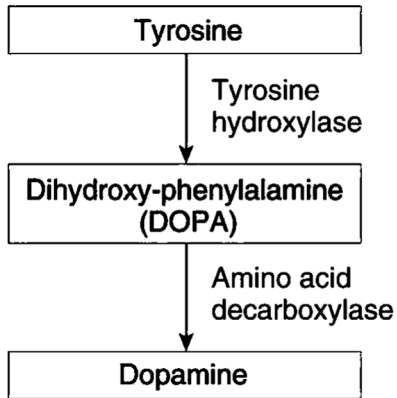


Summary

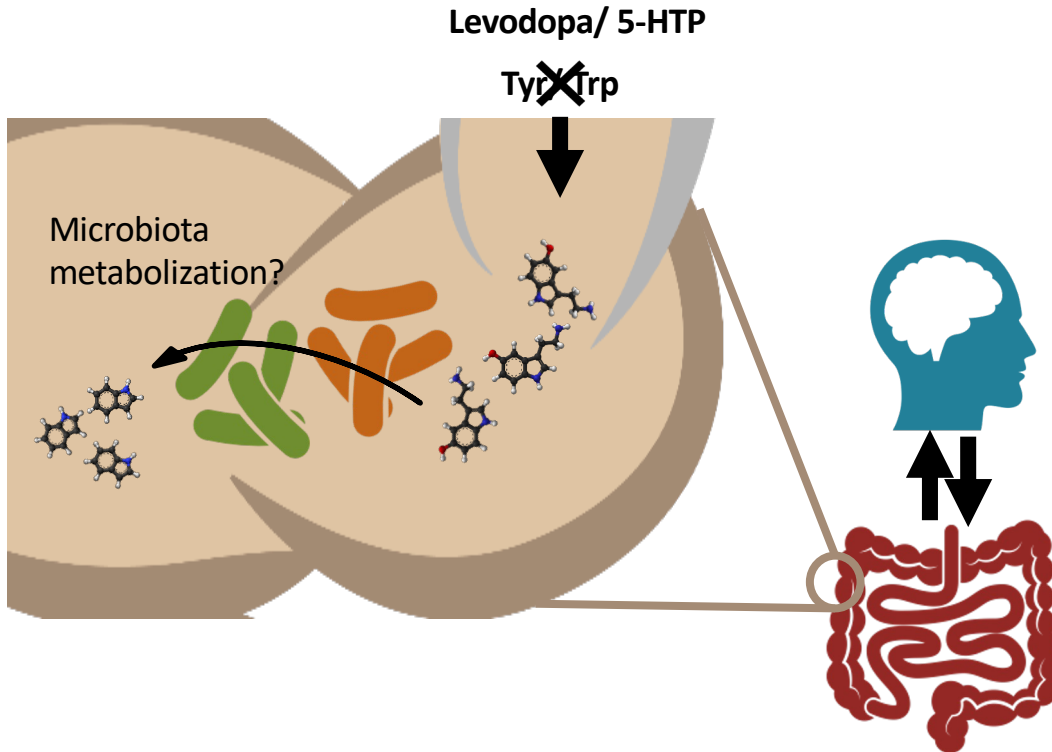
- The small intestinal microbiota, despite its low number of resident bacteria, high flow rate, and short transit time, has the potential to impact drug bioavailability.
- The primary PD medications could potentially alter the composition of the microbiota and generate a state of SIBO by affecting small intestinal motility, the primary site of drug absorption.
- The unabsorbed residues of levodopa can be metabolized by colonic bacteria into different compounds that can influence intestinal motility.

The site of absorption in the gut plays a crucial role in the gut bacteria-driven chemical transformation of drugs

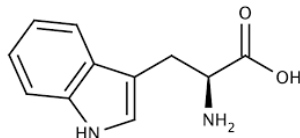
Gut Bacteria and Neurotransmitters: Verifying Production Claims



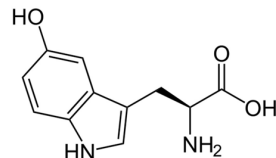
Host-Microbiome Metabolic Interactions



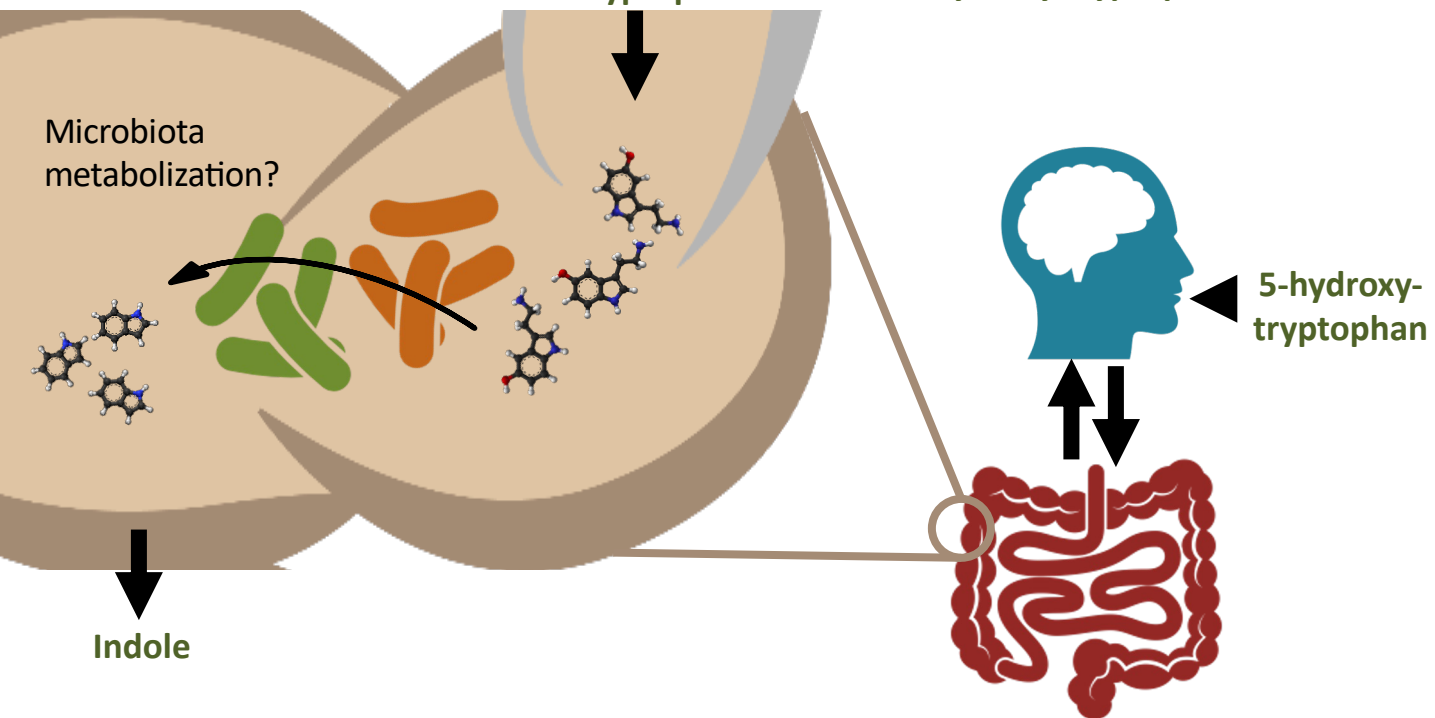
Host-Microbiome Metabolic Interactions



Tryptophan

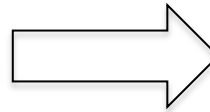
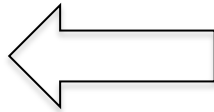


5-hydroxy-tryptophan



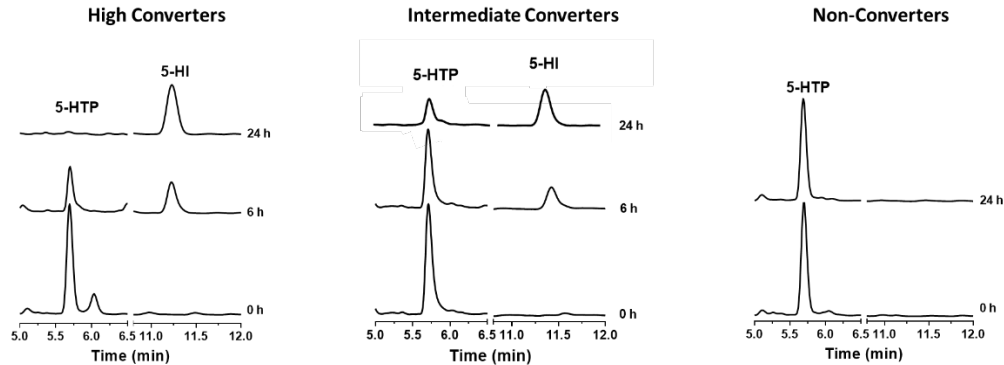
5-Hydroxytryptophan

Food
supplement



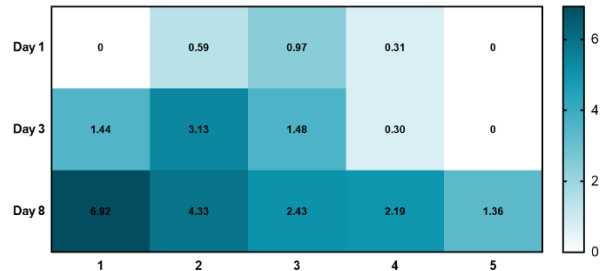
Co-medication
with
antidepressants

Gut microbiota converts 5-hydroxytryptophan to 5-hydroxyindole

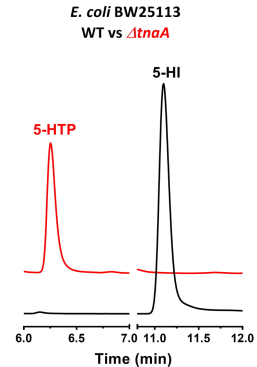
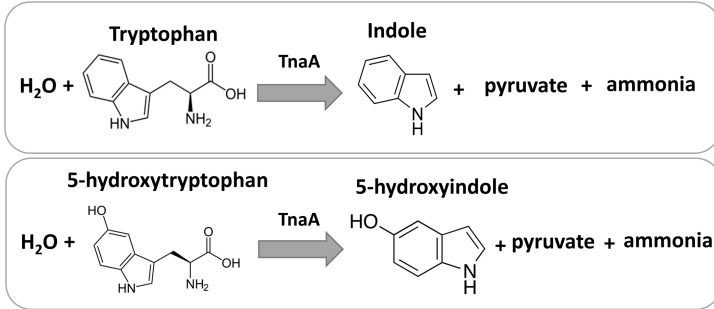


Human administration of 5-HTP

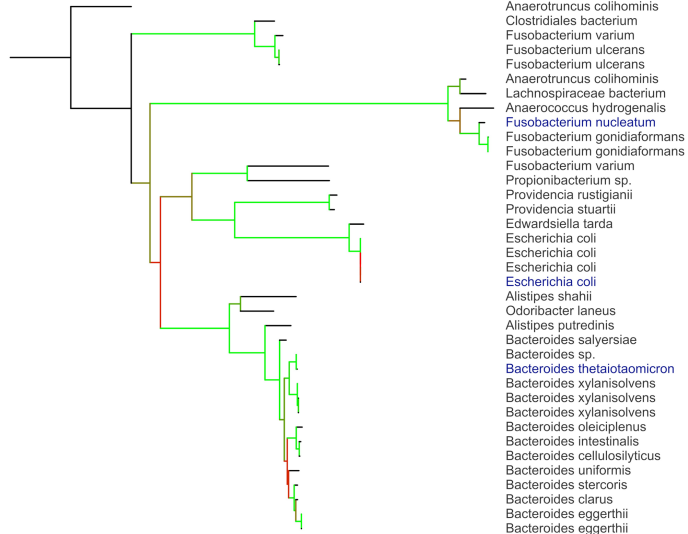
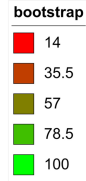
5-HI concentration in fecal samples
(fold change/normalized to Day 0)



Bacterial tryptophanase is responsible for the conversion of 5-HTP

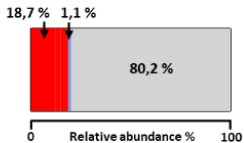
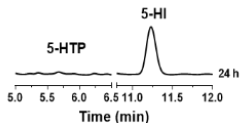


Tree scale: 0.1

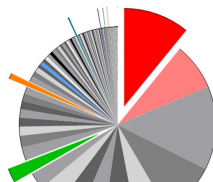


Bacterial production of 5-hydroxyindole is dependent on microbiota composition

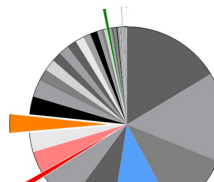
High Converters



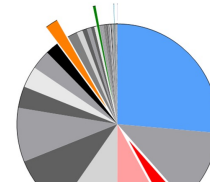
High Converters



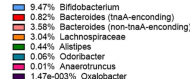
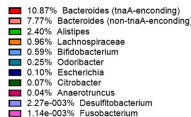
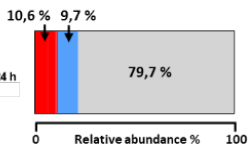
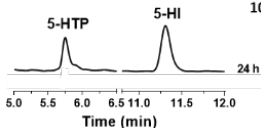
Intermediate Converters



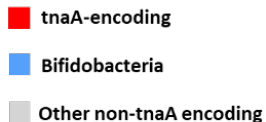
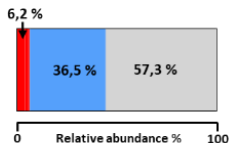
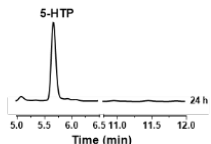
Non-Converters



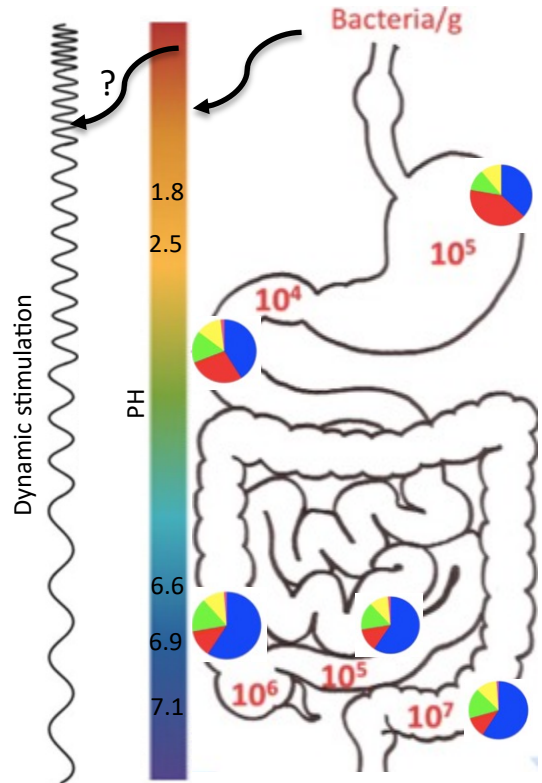
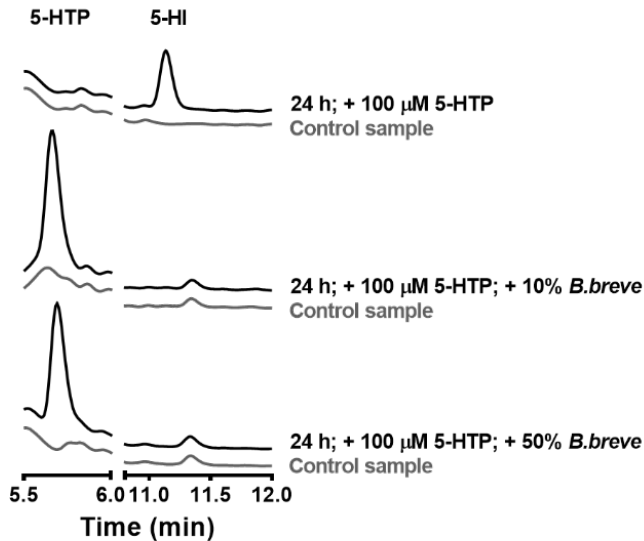
Intermediate Converters



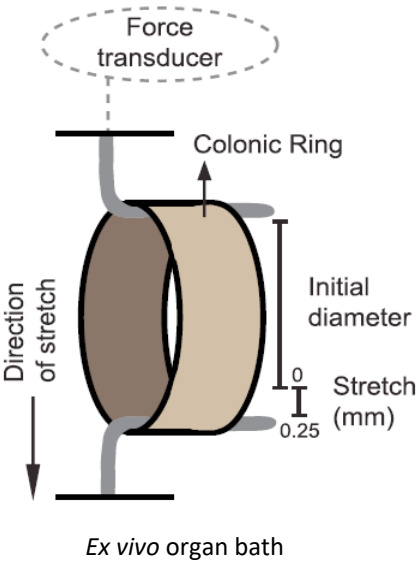
Non-Converters



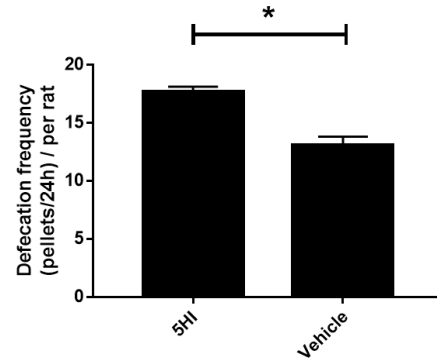
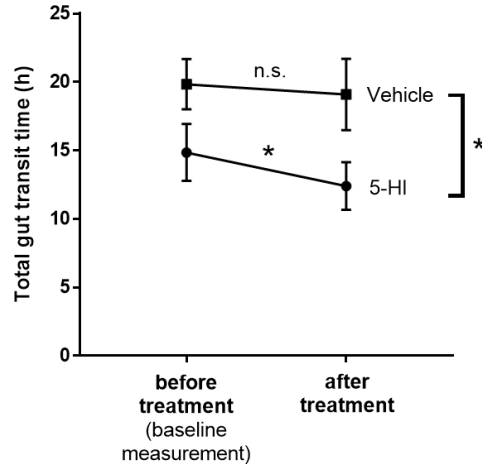
Reduction in pH results in a complete inhibition of the production of 5-hydroxyindole



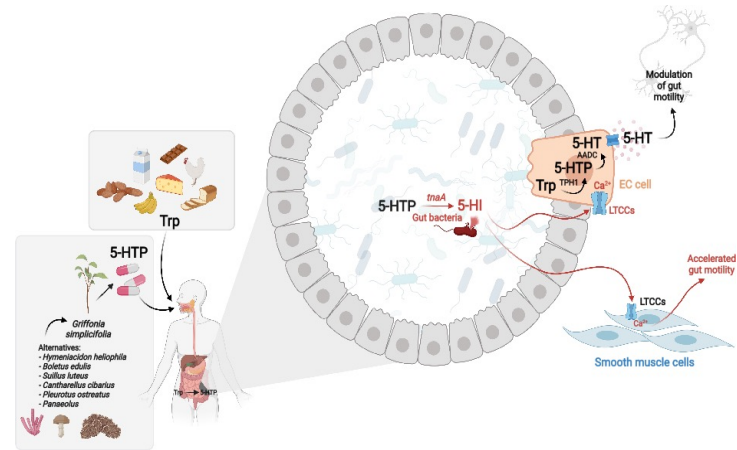
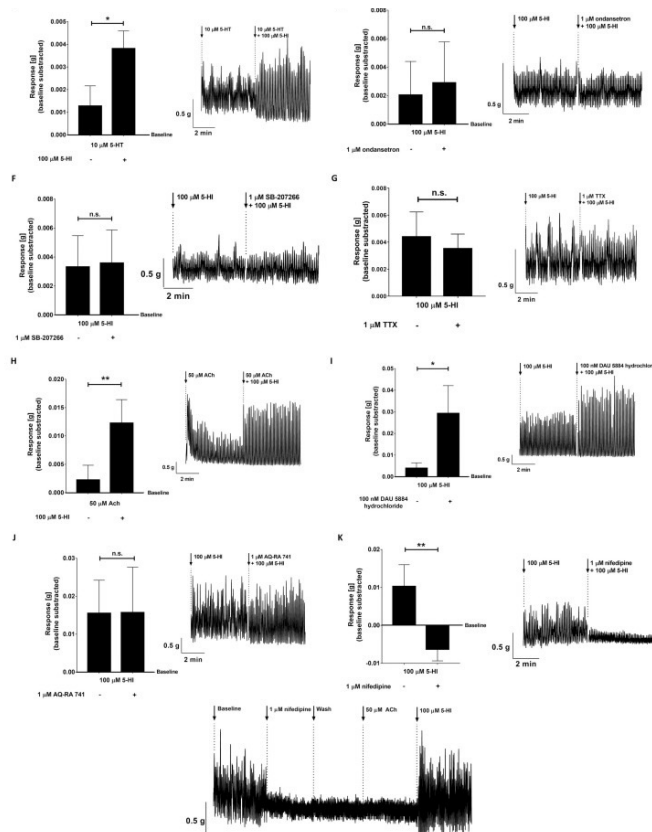
5-hydroxyindole is a potent stimulator of gut contractility *in vivo*



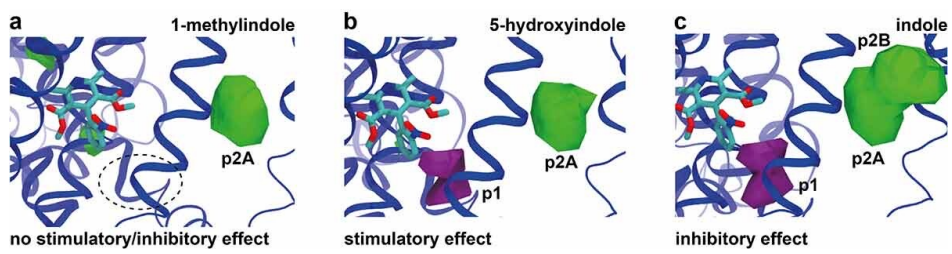
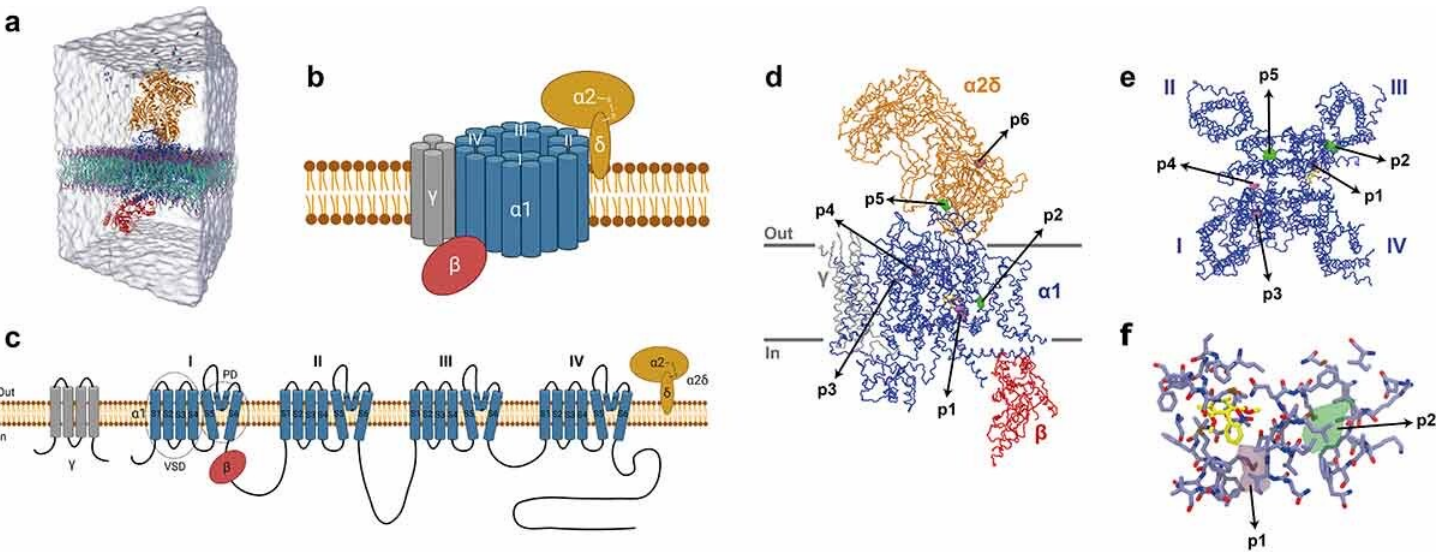
In vivo using Wild-type Groningen rats



L-Type Voltage-Gated Calcium Channels Mediate the Gut Motility-Stimulating Effects of 5-Hydroxyindole



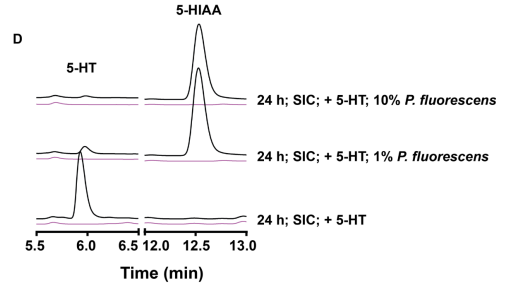
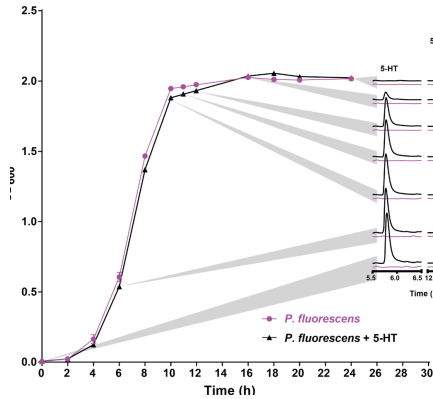
5-Hydroxyindole Confirmed to Bind to $\alpha 1$ Subunit of L-Type Calcium Channels



Summary

- Gut bacterial metabolic product; 5-hydroxyindole, plays an important role in inducing gut contractility, a comorbidity of various diseases as shown by *in vivo*, *ex vivo* experiments
- 5-hydroxyindole functions through the activation of L-type voltage dependent Ca^{2+} channels.
- 5-hydroxyindole may prove as a therapeutic targeted at modulating LVCCs function. So far, only 3 synthetic compounds are known to work as LVCCs agonists, none of which is approved clinically.

5-HT Conversion by Intestinal Bacteria



Serotonin Degradation by *P. fluorescens*; Possible Link to Celiac disease?

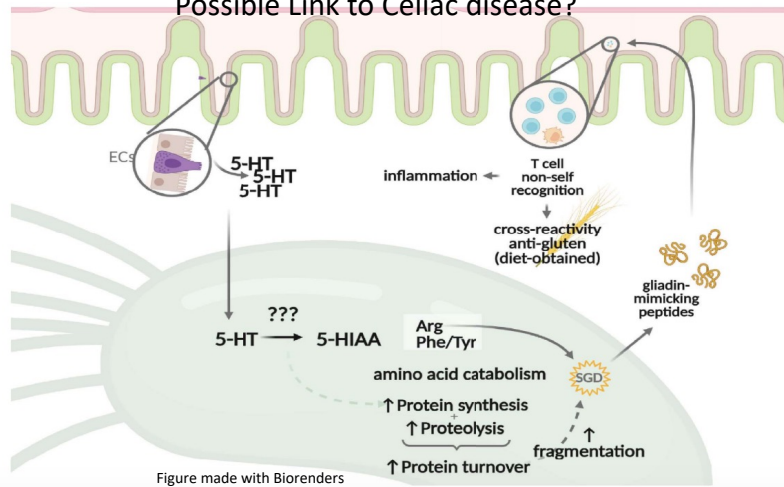
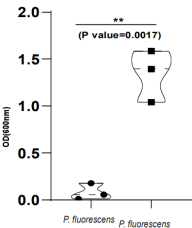
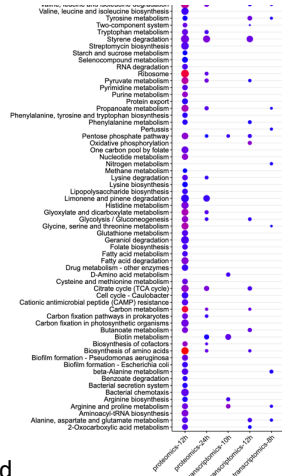
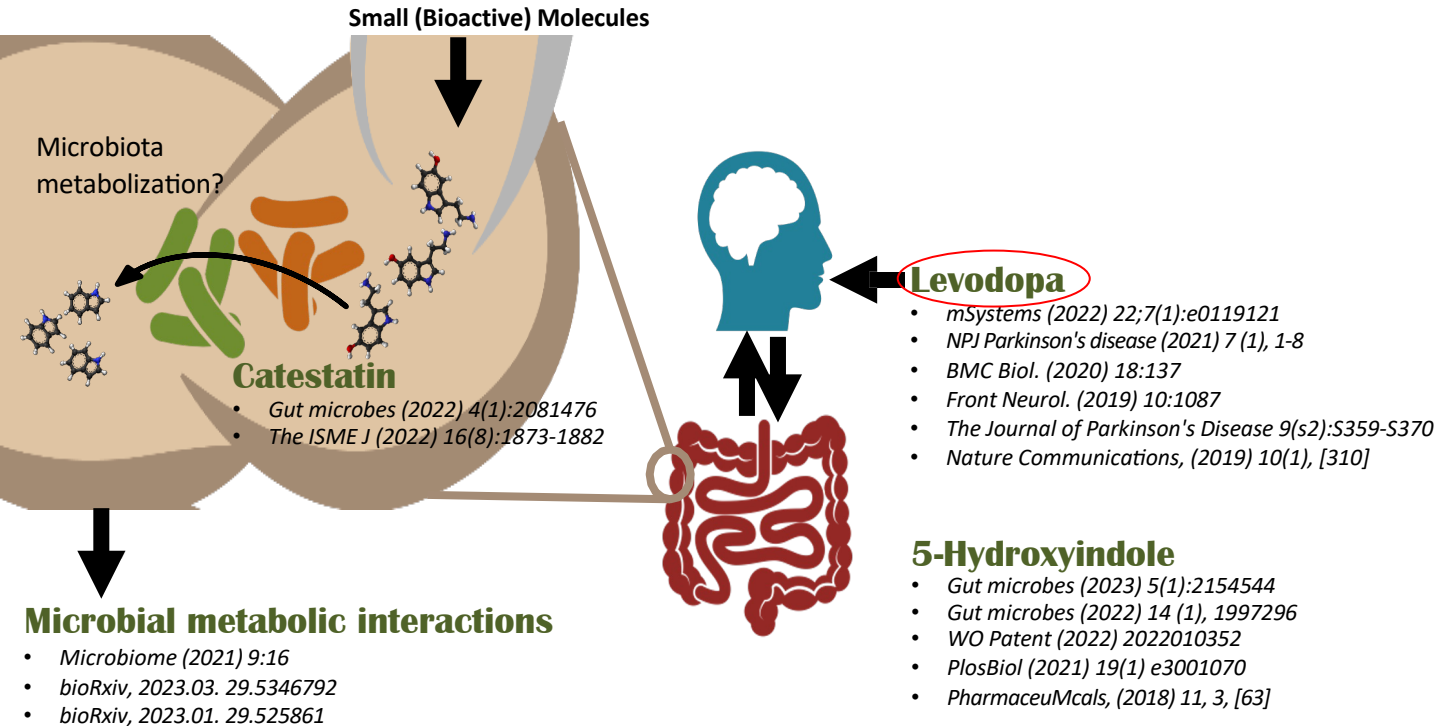


Figure made with Biorenders

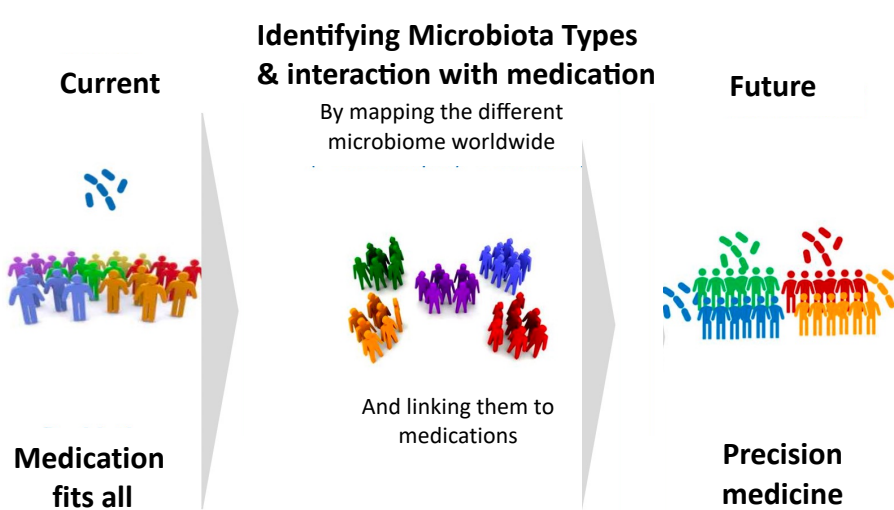


Beyond the Liver: Gut Microbiota and Drug Processing

Examples from the Lab



Towards Precision medicine





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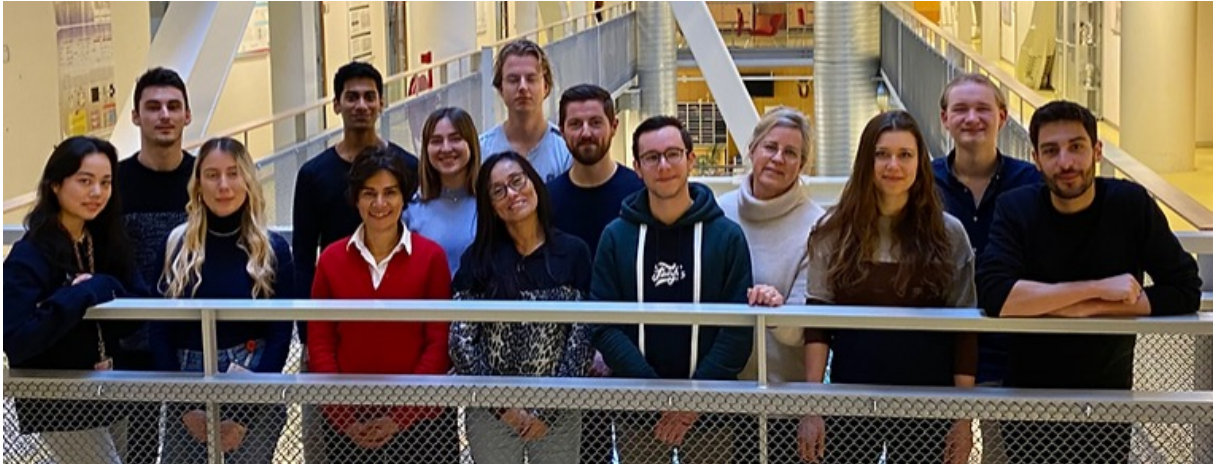
Stefania Senger, Harvard Medical School, Boston

Kara Gross Margolis, Colombia University, New York

Sushil Mahata, UCSD, San Diego



HMI Group

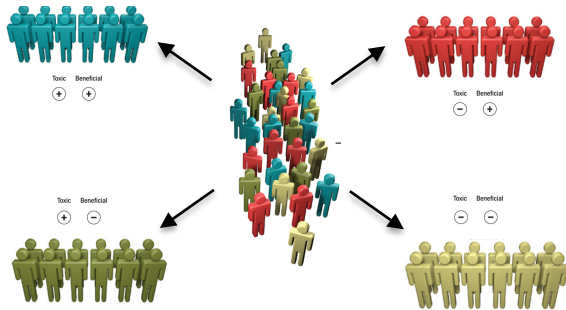


sahar.elaidy@rug.nl

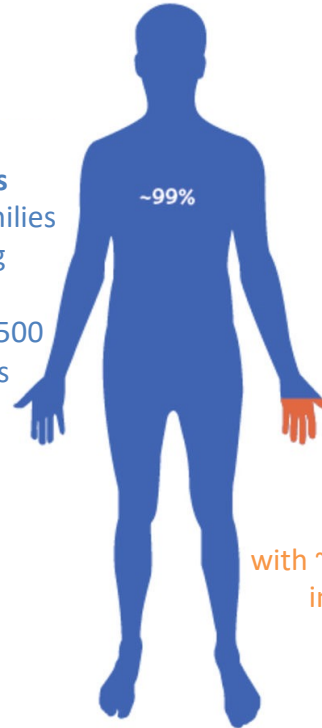


www.elaidylab.com

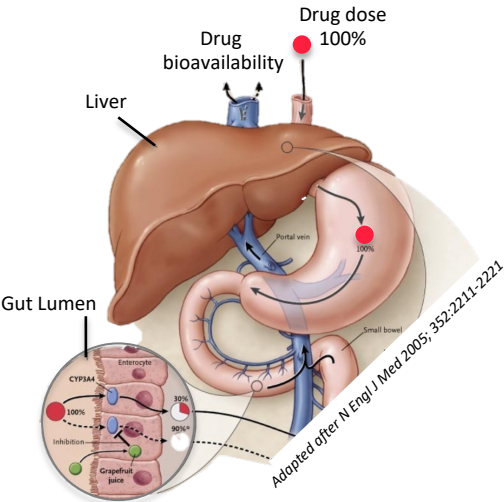
Microbial metabolic-host interactions



~2,000,000
Microbial genes
 with (?) protein families
 involved in drug
 metabolism
 derived from 200-500
 bacterial species



~23,000
Human genes
 with ~30 protein families
 involved in drug
 metabolism



First-Pass Metabolism after
 oral administration of
 a drug

➤ **Why would the microbiota harbor genes to metabolize drugs??**